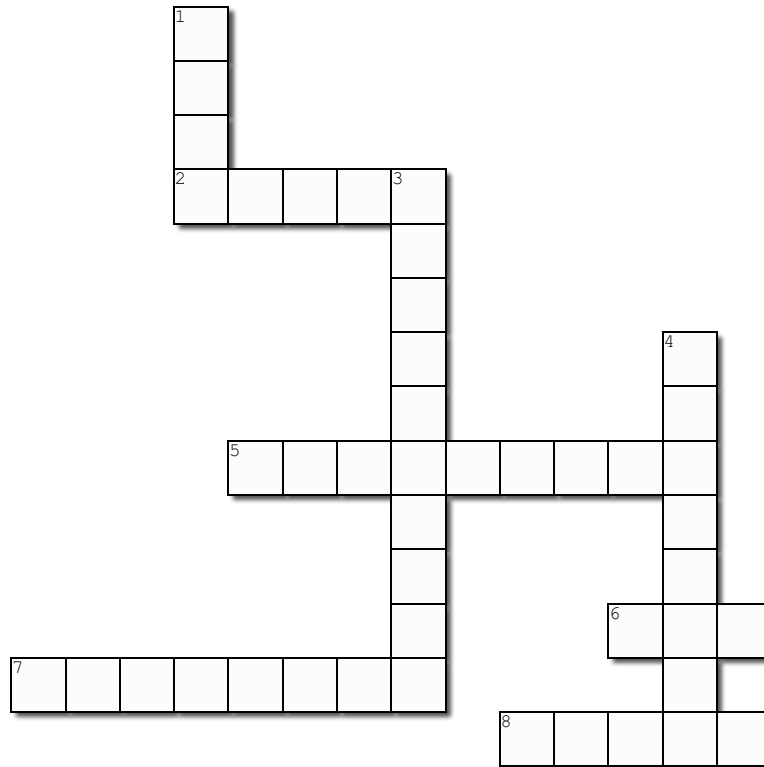


Name: \_\_\_\_\_

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Rest   Temperance   Sunshine   Trust   Air   Nutrition   Exercise   Water

**Across**

- 2. Firm belief in truth
- 5. You are what you eat
- 6. Oxygen forms a part of the ( ) we breathe in and out
- 7. What reading is to the mind, ( ) is to the body
- 8. The chemical symbol is H<sub>2</sub>O

**Down**

- 1. After hard work we need to ( )
- 3. Having self-control
- 4. This gives us vitamin D for good health